**Month 1-Wise Woman Ways with Mary Blythe**

**Interview with Mary Blythe on CD**

I am so honored to present an interview I did with Mary Blythe who has been raising children for most of her life in the way of the Wise Woman that is within all of us.

In this interview, I ask her questions on the following topics which you can make notes on, and of course, ask if you have any questions. We can form a list of questions and send them to Mary and then perhaps send a recorded link via email, in due course.

**1.)** What is your emphasis on the importance of the first 9 months (gestation) and how does it affects birth/bonding?

**Notes:**

**2.)** What would you like for most mothers-to-be to know?

**Notes:**

**3.)** What practical ways can a mother maintain connection to her child in the womb?

**Notes:**

**4.)** How should a woman decide what to focus on in her pregnancy with so many messages and points of view being offered?

**Notes:**

**5.)** How can a mother-to-be best prepare herself for her birth?

**Notes:**

**6.)** What do you suggest a woman do to include her partner and gain his support?

**Notes:**

**7.)** What is a “mother wound” or “attachment wound” and how can I work with it before birth?

**Notes:**

**8.)** What are my baby needs before birth?

**Notes:**

**9.)** How can a pregnant mother best prepare for parenting her newborn child?